

Praying with the image of Joseph

*It is not exaggeration to think that it was from Joseph that Jesus learnt at –
the human level –
that steadfast interiority which is a presupposition of authentic justice.
Let us allow ourselves to be filled with St Joseph's silence.*

Pope Benedict XVI



*Image: Saint Joseph of Nazareth, Enamel Plaque.
Artist: Eginio Weinert ©
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Reflection Process: Monica Cavanagh rsj*

Sit with the image in silence. Allow yourself to be drawn into the image. What is God inviting you to notice as you gaze upon the image? Spend sometime with that aspect of the image. You may want to write a dialogue with this aspect of the image and see what God wants to reveal to you at this time.

What does this image tell you about God at the heart of Joseph's life? What does it say to you about the God at the heart of your own journey of life? Simply sit in the silence and let the God of Joseph enfold you in love.

Share with God the quality or virtue of Joseph's life that you most desire. Allow God to respond to you in the silence. What is my response?

Prayerfully read this thought of Mary MacKillop's about St Joseph.

Let us, my loved Sisters, be faithful to the spirit of our Glorious Patron – patient, humble and hidden. 1885