



Good God! It's Morning! No! Good Morning God!

*All depends on prayer.
Begin with it and end with it.*

Mary MacKillop 1890

I don't know about you, but I find it really hard to pray in the morning. All I can manage is a 'Yes!' - even though there will be times later during the day when it will be a 'Yes, but?'

As I lie in bed at night I think of **what I really enjoyed and valued that day ...**

Today God has been so good to me (MMK 1874)

That becomes my 'thank you'. '

Gratitude is the memory of the heart (MMK 1907)

It comes from deep within ...

Our good God sees the heart (MMK1871)

It can cover moments of love across a great range of people, but always begins with those who are nearest and dearest.

Where did I bring love into the lives of all I met today?

The challenge is life-long, but I must face it one day at a time. By the time I've looked back at the day, I am almost asleep, relaxing with a God who understands.

I know Mary MacKillop is right from my own experience. My day would be very different without prayer.

How do you go about it?

Lord, teach us to pray. (Luke 11:1)
