

# The secret to happiness

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*Find happiness in making others happy!* Mary MacKillop 1899

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Happiness is very much an inside job, but we depend so much on each other for happiness, especially in marriage, both as givers and receivers.  
I can forget the indisputable fact that no one, no institution, no marriage, is perfect.



Mary Ryan rsj

*Remember on this earth that no one is perfect!* Mary MacKillop 1889

Mary found her happiness in making others happy. Jesus had the same approach.  
It does mean living with imperfection - in ourselves and others.

*Reject no one ... Judge not ...* Mary MacKillop 1867 and 1869

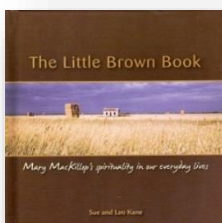
It also means not giving in to self-pity when life seems hard. At these times Mary would say:

*The Cross may press heavily but you can be happy for all this.*

Mary MacKillop 1890

## **I want to know Christ**

(Philippians 3:11)



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